



Posttest

ANSWERS

Understanding Prenatal Alcohol Exposure

1. What do the following abbreviations stand for?

FAS: *Fetal Alcohol Syndrome*

FASD: *Fetal Alcohol*

Spectrum Disorders

2. The only way a child can acquire FAS is by inheriting it from both the father and mother.

a. True

b. False

3. Beer, wine, and cocktails each affect a fetus differently.

a. True

b. False

4. FAS and FASD are completely preventable.

a. True

b. False

5. How much alcohol is safe to consume during pregnancy?

There is no known safe amount.

6. Who is qualified to make a diagnosis of FASD?

Only trained professionals.

7. Prenatal exposure to which substance is the leading known cause of mental retardation in the United States?

a. Cocaine

b. Heroin

c. Alcohol

8. Alcohol can be transferred to a baby through mother's milk during breastfeeding.

a. True

b. False

9. Societal costs are the same to raise a child whether or not the child has FAS or FASD.

a. True

b. False

10. A parent's continuing to drink alcohol after a baby is born poses no risk to the child's welfare.

a. True

b. False

11. What can you do to be sure that your child has absolutely no chance of developing FAS or FASD?

Stop drinking alcohol if pregnant or if there is a chance of becoming pregnant; support your partner's or friend's decision not to drink alcohol if pregnant or considering becoming pregnant.

12. What can a father or partner do to help a woman have a healthy baby?

Encourage the mother to abstain from drinking alcohol. If she is having trouble controlling her drinking, help her find the support she needs.

13. If a child is born with FASD, what can the family do or where can they go for help?

Contact FAS and FASD organizations, their doctor or pediatrician, their county and community resources, and their school personnel. Attend clinic, county, and community FAS and FASD meetings if available.

14. What advice or information would you share with a woman who is pregnant and drinking an alcoholic beverage?

Answers will vary.

15. Explain how society is affected when a child has birth or other defects from the mother's use of alcohol during pregnancy. Consider the physical, economic, social and medical aspects.

Answers will vary.